## American Lifestyle

## Meatball Biscuits

1 pound ground beef

¼ cup parsley, chopped

1/4 cup fine dry bread crumbs (soaked in

2 garlic cloves, peeled and finely chopped

½ c. milk)

2 large eggs

⅓ cup, plus 2 tablespoons Parmesan cheese,

1 teaspoon salt

Parmesan c grated

¼ teaspoon black pepper



(Fold along the line)

2 cans homestyle biscuits, with layers

2-3 slices provolone cheese

Marinara sauce, for dipping

- 1. Preheat oven to 375°F, and line a rimmed sheet pan with parchment paper.
- 2. Add ground beef to a mixing bowl. Sprinkle bread crumbs, grated cheese, parsley, and garlic over the meat. In a separate bowl, beat only one egg, and add salt, pepper. Pour the egg mixture over the meat, and mix the ingredients with clean hands or a spatula just until evenly blended. Don't overmix.
- 3. Roll meat into balls less than 1 inch in size, and place on the lined sheet pan. Bake for 15 minutes, and set aside to cool slightly.
- 4. Prep the biscuit dough by separating the individual layers. Then wrap one layer of biscuit around a cooked meatball and a piece of cheese, covering entirely and pinching together the ends to seal. Repeat with the remaining meatballs, and place them onto the prepared baking sheet.
- 5. Beat the remaining egg in a small bowl, and brush onto top of biscuits before sprinkling with Parmesan cheese. Bake in oven for 12-15 minutes, until the dough turns a golden brown. Serve with warmed marinara sauce.

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