

Fried Mashed Potato Bites

FOR THE BITES:

2 pounds potatoes, peeled and quartered

FOR THE BREADING:

3 ounces cheddar cheese, shredded

1 tablespoon salt

2 eggs

½ cup milk

1½ cups panko

bread crumbs

4 teaspoons butter

Oil, for frying

3 cloves garlic, crushed



(Fold along the line)

- 1. In a large saucepan, add potatoes and salt, and cover with water. Bring to a boil over mediumhigh heat, and cook potatoes until tender. Remove from heat, and drain water.
- 2. In a separate saucepan over medium heat, combine milk, butter, and garlic, and cook until simmering. Remove from heat.
- 3. Using an electric beater or potato masher, slowly blend the potatoes with the garlic-cream mixture until the potatoes are mashed and smooth. Fold in cheddar cheese, and stir to combine. Refrigerate mashed potatoes for 1 hour to cool.
- **4.** Prep your work station for frying: lightly beat the eggs in a bowl, and spread bread crumbs on a plate. In a shallow frying pan, heat oil to 375°F.
- 5. Using a spoon, form the cooled mashed potatoes into 1-inch balls. Dip each ball into the eggs, and then roll onto bread crumbs until completely covered. Fry the potato balls (a few at a time) for 2-3 minutes, flipping halfway through so that the crust turns golden brown on both sides. Serve warm.

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